KERIO CONTROL APU4 4NIC

		TCP	UDP	
		Banda	Banda	Jitter
NO VPN	Bridge	474,00 Mbps	735,00 Mbps	0,028 ms
	Nat	474,00 Mbps	535,00 Mbps	0,037 ms
Open VPN	AES128	68,20 Mbps	60,00 Mbps	0,055 ms
	AES256	58,63 Mbps	55,00 Mbps	0,073 ms
	Blowfish	79,33 Mbps	68,40 Mbps	0,057 ms
IPSec	AES128	49,00 Mbps	70,00 Mbps	0,061 Mbps
	AES256	45,60 Mbps	54,20 Mbps	0,028 ms
	Blowfish 128	44,60 Mbps	58,20 Mbps	0,083 ms
	3DES	26,53 Mbps	32,00 Mbps	0,051 ms

Jitter: In the context of computer networks, jitter is the variation in latency as measured in the variability over time of the packet latency across a network. A network with constant latency has no variation (or jitter).[3] Packet jitter is expressed as an average of the deviation from the network mean latency. However, for this use, the term is imprecise. The standards-based term is "packet delay variation" (PDV).[4] PDV is an important quality of service factor in assessment of network performance.

Deepen jitter: http://en.wikipedia.org/wiki/Jitter